

METHODS FOR VISUALIZING AND TREATING INTERVERTEBRAL DISCS

Abstract

Methods and systems for treating intervertebral discs and other difficult to access sites are provided. The methods include accessing the intervertebral disc with a small gauge access device and viewing a site within the disc with a fiber optic bundle delivered using the access device. The systems include a small gauge access device and a fiber optic bundle adapted to be delivered by means of the access device to a target tissue site.